

Food supplement containing bacterial cultures and vitamin D that supports the normal function of the immune system.

Dear Customer,
We are pleased that you have chosen PANABIOTICS® IMMUN aB21 and thank you for placing your trust in us.

1. What is PANABIOTICS® IMMUN aB21?

PANABIOTICS® IMMUN aB21 is a high-quality food supplement with specially selected bacterial cultures

L. plantarum CECT 30292 (KABPTM 033),
L. plantarum CECT 7484 (KABPTM 022),
L. plantarum CECT 7485 (KABPTM 023) and
P. acidilactici CECT 7483 (KABPTM 021)
plus vitamin D.

2. Why does PANABIOTICS® IMMUN aB21 contain bacterial cultures and vitamin D?

Our intestines are colonised by many billions of microorganisms that form the so-called gut flora – also known as the gut microbiome. Our diet influences the gut microbiome.

The bacterial cultures and vitamin D contained in PANABIOTICS® IMMUN aB21 enable you to supplement your diet in a meaningful way. Vitamin D supports the normal function of the immune system.

3. What makes PANABIOTICS® IMMUN aB21 so special?

PANABIOTICS® IMMUN aB21 is a specially formulated combination of active bacterial cultures and vitamin D.

- The selected bacterial cultures are insensitive to gastric acid.
- PANABIOTICS® IMMUN aB21 is suitable for a vegetarian diet. The capsule shell is made of plant-based products and does not contain gelatine.
- PANABIOTICS® IMMUN aB21 is produced without colourings and is both gluten- and lactose-free.

4. How should you take PANABIOTICS® IMMUN aB21?

Please take 1 capsule daily with sufficient liquid, preferably with a main meal. It is recommended to take PANABIOTICS® IMMUN aB21 for a period of at least 4 weeks.

The capsules can be opened and stirred into food or cold drinks.

The stated recommended daily intake must not be exceeded.

5. How else can you support your immune system?

- Food supplements are not meant to be used as a substitute for a balanced and varied diet and a healthy lifestyle.
- Nicotine and alcohol have been shown to weaken your immune system.
- Enough regular sleep relaxes your immune system.

- Regular exercise also activates your defence cells.
- If you try to maintain a positive outlook in difficult times and challenging situations, your immune system will enjoy that.

6. The company behind PANABIOTICS® IMMUN aB21

We improve the quality of life for people all over the world. That is what DR. KADE stands for as an independent family business. As a company with production in Germany, we place particular emphasis on quality, customer focus and sustainability. Our vision: To improve the quality of life of our customers and motivate them to take responsibility for their own health. And that is what we do. Day by day, for 135 years.

Information on the substances contained per daily recommended intake:

Ingredients	Per capsule	% of the reference values*
Vitamin D	10 µg	200
Bacterial cultures	2 billion CFU (colony forming units)	-

*In accordance with Regulation (EU) No 1169/2011

Ingredients:

Maltodextrin, hydroxypropyl methyl cellulose, Lactobacillus plantarum CECT 30292, Lactobacillus plantarum CECT 7484, Lactobacillus plantarum CECT 7485, Pediococcus acidilactici CECT 7483, anti-caking agent magnesium salts of fatty acids, vitamin D (cholecalciferol).

Storage:

- Keep out of reach of young children.
- Store in a dry place at room temperature (not above 25°C).
Protect from direct sunlight.

Available pack sizes:

30 capsules = 14.6 g

For further questions contact:

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The information in this leaflet

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can be found at www.panabiotics.de/beipackzettel.

